

# Teaching Kids to Dance: Hop, Skip, Jump, Clap!



## Rattlin' Bog: Song & dance

*The Rattlin' Bog is a famous Irish song, that has a series of progressively longer verses, with a chorus.*

*I have used the Ross Sutter version, which is available directly from his website or via iTunes.*

<https://music.apple.com/us/album/mama-will-you-buy-me-a-banana/275408988?i=275408993&ign-gact=3&ls=1>

### INSTRUCTIONS

1. Play the song and teach people the basic chorus.
2. Ensure each person has a partner that they dance with - no hands with COVID.
3. Make a circle hands
  - a. In stamp-stamp-stamp/ Out stamp-stamp-stamp
  - b. In stamp-stamp-stamp/ Out stamp-stamp-stamp
4. Face your partner
  - a. Stamp-stamp-stamp: Clap-clap-clap
  - b. Stamp-stamp-stamp: Clap-clap-clap
5. RIGHT ARM HOOK with your partner for each progressive verse, which is very short to start with and gets longer and longer.
6. FACE back into the circle at the end of each verse.
7. As each verse gets longer, you can change the ARM HOOK from left to right

## Brush / Broom dance

### MUSIC SUGGESTIONS

3-4 minutes is plenty of brush dance time. **Tell Me Ma** by ShamRock is 4mins long; I have used **Crehans Reels** by North Cregg (3 mins:41s).

### THE DANCE

There is a lot you can do as part of a brush dance.

#### The traditional moves include with the broom on the floor:

- Dancing around the broom that is on the floor.
- Dancing some simple sean nós steps next to the handle of the broom laying down.
- Jumping over the broom shaft
- Stepping over the broom shaft- one leg over the other leg

#### Other moves holding the broom

- Kicking the leg over/ stepping over while holding the broom changing hands each step over. This is probably one of the trickier dance moves to get right but a crowd pleaser.
- Dancing around the upright broom each way- holding onto the handle
- Lifting the broom and dancing forward/ around in a circle with it brushing the floor
- Holding the broom shaft horizontal and dancing side to side, just holding it.

Pick a dance structure with plenty of repetition, initially and have no more than about 8 parts to the dance.

FOR EXAMPLE, dancing 8 bars around the broom/ brush could be your chorus or move you do after each other move. That means if dancers get lost or forget what to do, they can always re-join the dance at that point.