

SET DANCING MOVEMENTS from EASY TO DIFFICULT

<b>SET DANCING MOVEMENTS TERMINOLOGY A-Z</b>	<b>COMPLEXITY OR DIFFICULTY</b>
<b>Advance and retire</b>	<b>1. Beginners</b>
<b>Arm hooks and dance around on the spot</b>	<b>1. Beginners</b>
<b>Arch and pass under</b>	<b>1. Beginners</b>
<b>Balance in and out</b>	<b>1. Beginners</b>
<b>Chain/ Grand chain</b>	<b>1. Beginners</b>
<b>Circle up</b>	<b>1. Beginners</b>
<b>Dance around back to back (Docey-do)</b>	<b>1. Beginners</b>
<b>Elephants tail</b>	<b>1. Beginners</b>
<b>Hug hold</b>	<b>1. Beginners</b>
<b>Lead around/ LONG Lead around</b>	<b>1. Beginners</b>
<b>Pass through and pass back</b>	<b>1. Beginners</b>
<b>Star/ Wheel around</b>	<b>1. Beginners</b>
<b>Step it out</b>	<b>1. Beginners</b>
<b>Diamond</b>	<b>1. Beginners 2. Beyond Beginners</b>
<b>Gallop</b>	<b>1. Beginners 2. Beyond Beginners</b>
<b>Horse and cart</b>	<b>1. Beginners 2. Beyond Beginners</b>

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<b>Slide in and out/ Dance in and out</b>	<b>1. Beginners 2. Beyond Beginners</b>
<b>Turn the lady under</b>	<b>1. Beginners 2. Beyond Beginners</b>
<b>Waltz hold</b>	<b>1. Beginners 2. Beyond Beginners</b>
<b>Wheelbarrow</b>	<b>1. Beginners 2. Beyond Beginners</b>
<b>Around the house / House / House around/ Dance around the house</b>	<b>2. Beyond Beginners</b>
<b>Body/ Polka body</b>	<b>2. Beyond Beginners</b>
<b>Céilí hold</b>	<b>2. Beyond Beginners</b>
<b>Christmas – Little christmas/ Big christmas Basket/ Swing in four</b>	<b>2. Beyond Beginners</b>
<b>Dance at home/ Dance in place/ House at home</b>	<b>2. Beyond Beginners</b>
<b>House halfway/ House across the set/ Half house</b>	<b>2. Beyond Beginners</b>
<b>House inside the set/ Show the lady</b>	<b>2. Beyond Beginners</b>
<b>Square the house</b>	<b>2. Beyond Beginners</b>
<b>Swing</b>	<b>2. Beyond Beginners</b>
<b>Reverse the lady Around the house</b>	<b>2. Beyond Beginners 3. Experienced dancers</b>
<b>Double Sevens Long sevens Short sevens</b>	<b>3. Experienced dancers</b>